

Kimberley Ann Bell, Ph.D., NLC

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PROFILE

Dedicated Behavioral Therapist committed to helping clients achieve happier and healthier lives through the development of positive skills and thought processes. Experienced in working with clients suffering from phobias, addictions, and traumas. Adept in developing and implementing effective individualized treatment programs.

EDUCATION

Master of Science (MS) -Clinical Mental Health Counseling- Anticipated- Spring of 2022
Texas Tech University Health Sciences, Lubbock, TX

PhD, Psychology, 2016

Specialization in Industrial Organizational Psychology
Capella University - Minneapolis, MN

Master of Business Administrative (MBA), 2006

University of Phoenix - Phoenix, AZ

Bachelor of Science in Management (BSM), 2004

University of Phoenix, Phoenix, AZ

PROFESSIONAL EXPERIENCE

August 2019 – May 2021

Certified Paraprofessional Educator

Morgan County School District RE 3 - Fort Morgan, CO

Assists the special education teachers and general education teachers in general daily classroom activities for special needs students. Delivered personalized educational, behavioral and emotional support to individual students to enable positive learning outcomes.

May 2019 to June 2019

Support Counselor

Morgan County District RE-3-Fort Morgan, CO

Provided guidance to elementary and high school students regarding career development, academic achievement, social behavior, and mental and physical health.

April 2019 to June 2019

Certified Substitute Teacher

Morgan County District RE-3-Fort Morgan, CO

Adapt quickly to a variety of subjects, grade levels and teaching styles to present information effectively to students without interrupting the lesson plan schedule; Communicate effectively with teachers, counselors and parents to determine the best way to present information for individual class needs; Address any student behavioral problems, calming disruptive students and escalating to principal as needed; Supervise tests, quizzes and in-class projects, maintaining a quiet and focused environment. Work with special needs students to help them achieve success.

January 2019- February 2019

Interim Director

Converge Day Treatment Center-Brush, CO

Assigned by the Board of Directors to keep the Nonprofit functioning while the Board of Directors searched for a permanent director. Worked closely with the board to incorporate new changes, worked with Colorado Department of Education (CDE), Department of Human Services (DHS), and several school districts to implement new changes and oversee existing processes. Implemented daily schedules and activities for students and staff. Attended all board meetings and Individualized Educational Program (IEP) meetings. Oversaw human resource functions across the nonprofit.

August 2018 to February 2018

Contracted Therapist/Substitute Teacher K-12

Converge Day Treatment Center-Brush, CO

Provided classroom instruction and individual and group therapy for K-12 students who suffered from severe mental and behavioral disorders.

September 2017 to present

Mental Health/Christian Counselor

Behavioral Therapy Services, LLC - Owner - Fort Morgan, CO

Effective psychotherapy methods to instill self-understanding among clients and encourage them to adopt new attitudes and feelings towards life situations. Group and individual sessions. Employment counseling; Industrial Organizational (I/O) consultations; Offender counseling and family support groups. Biblical based counseling.

February 2013 to 2018

United States Postal Service - Snyder, CO

Sell products and services using selling techniques to meet customer needs; Integrate product information using courteous customer service Management of Rural Post Office; Identify and analyze problems to develop an appropriate course of action to resolve the situation; Use technology-based business equipment and basic mathematical; Computations to process customer transactions and produce accurate reports; Follow procedural directions or instructions, either with or without direct supervision, in a safe and timely manner; In-office audits

April 2017 – to present

University of the People: Professor/Online Graduate and Undergraduate Studies, Pasadena, CA.
Courses: Organizational Behavior and Theory, Introduction to Health Psychology, Human Resource Management. Learning Management System (LMS)-Moodle.

Aug 2010 – Aug 2012

Morgan Community College: Adjunct Faculty, Fort Morgan, CO. Courses Taught: Intro to BUS 115; Customer Service; Team Building. Learning Management System (LMS) Desire2Learn, Blackboard.

July 2007 to August 2010

Cargill - Fort Morgan, CO

Assistant Human Resources Manager

Supervised human resource department employees; Prioritized and managed multiple projects to meet deadline; Developed, implemented, and evaluated programs and processes; Hiring and Employee Relations; Developed effective recruitment strategies; Managed employee relations in a union and non-union environment; Recruited potential employees; Payroll, Unemployment, and Legal Compliance; Salary and benefit administrator; Human Resource Information System and payroll; Performance management, unemployment administration, and legal compliance implementation

February 2001 to July 2007

Inventory Control Specialist III Transportation Analyst

Sandoz, Inc. - Broomfield, CO

Manage Budgets; Approved carrier invoices up to \$10,000; Produced savings of \$52,000 from July 2006 to July 2007 for carrier invoice discrepancies; Produced savings of \$17,000 from July 2006 to July 2007 for carrier damage claim

LICENSES and CERTIFICATIONS

Colorado Dept. of Regulatory Agencies (DORA) Unlicensed Psychotherapist NLC.0107231

Colorado Department of Education (CDE) Substitute Teacher License K-12; #289875

Active Strategies for Self-Improvement and Change (SSC) – Office of Behavioral Health

PRACTICUM and INTERNSHIPS

Jan 2021 to May 2021-Texas Tech Health Sciences Practicum (146.3 hours)

Karin Gertner, LPC, LLC: Mental Health Counseling under supervision.

Direct client services through group counseling and individual counseling (in-person and zoom);

Clinical experiences through research, mental health counseling online training webinars;

Weekly supervision.

Jan 2017 to Jan 2018-Internship

Community Solutions, LLC: Addiction Counseling under supervision.

Assessments; Psychotherapy; Behavioral Therapy; Individual Therapy; Spiritual Counseling, Mental Health Counseling; Mental Health Evaluation Training.

April 2017 to July 2017-Internship

Alix McMurray Therapeutic Counseling: Jail Based Treatment Program, Department of Corrections (DOC) Assessments; Psychotherapy; Behavioral Therapy.

TRAINING

Psychological First Aid (PFA) Training

TMS Training/DUI/DWAI Reporting System (DRS) Interstate Compact.

Pharmacology I – OBH Course

TMS Training/Drug/Alcohol Coordinated Data System (DACODS).

Clinical Assessment and Treatment Planning - OBH Course

CO Collaborative Justice Conference

Principles of Addiction - OBH Course

Impaired Driver (DUI) Treatment Training

Strategies for Self-Improvement and Change (SSC) – Office of Behavioral Health (OBH)

PROFESSIONAL APPOINTMENTS

February 2017- 2018

Colorado Judicial 13th District: Sobriety Court Treatment Panel Member.

AFFILIATIONS

American Psychological Association (APA)

Colorado Counseling Association (CCA)